

I Understand What is Important to Me.

AREA: Knowledge of Self and Others
CATEGORY: Understanding and Accepting Self
TIME: 45-50 minutes
GROUP SIZE: Small group or class
GRADE LEVEL: 6-9
MATERIALS: Pencils, crayons, markers, scissors, glue, magazines, "Personal Web Page" activity sheet

Personal Web Page***Introduction:***

Students need to know what is important to them. This lesson will help students communicate some of the issues and things that are important to them.

Procedure:

1. Open this lesson by asking students to share what is important to them. Examples may be friends or a job.
2. Distribute a copy of the "Personal Web Page" activity sheet to each student. Inform students that they will be writing or drawing in each block.
3. Have students write about, draw, or paste a picture in Block One that represents an activity that is important to them.
4. In Block Two, instruct students to write about, draw, or paste a picture that depicts an important issue from which they would never budge in their belief.
5. In Block Three, instruct students to show an item of value by which their family lives. It should be something that their entire family believes is important. Examples could be respect for other family members, health, or religion.
6. Ask students to imagine that they will be a success in whatever goals they pursue. With this in mind, ask them what they would do with their lives. Ask them to show this in Block Four.
7. In Block Five, ask students to write a paragraph or create a visual that summarizes what they think people will remember most about them. Students should also create an e-mail address in this block that will represent what is important to them.
8. When students have completed all of the blocks in the personal web page, divide them into small discussion groups. Ask each group to discuss what they discovered about themselves and what is important to them.

Notes:

Spend extra time working with students who have trouble identifying important issues and traits to help them identify how to determine what is important to them. This exercise can be designed on a computer depending upon availability of facilities and the ability of students.

Evaluation Suggestions:

Refer to Section VI of the manual.

Personal Web Page

Name: _____ Date: _____

Directions: Create your own web page that describes what is important to you. You may write, draw, or paste pictures to communicate your ideas.

PERSONAL WEB PAGE

Personal Web Page

File Activity Issues Summary Windows

Block One

Block Five

Block Two

e-mail address

Block Three

Block Four